



# Hamilton

**Name: Westmount Recreation Centre**

**Address: 35 Lynbrook Dr.**

**Phone: 905-546-3747**

**For real time program info:**

[hamilton.ca/swimming](https://hamilton.ca/swimming)



## SWIMMING SCHEDULE – HOLIDAY 2025 – December 22, 2025 – January 4, 2026

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Length Swim	6:30-1:45pm 8:00-9:00pm	8:45-2:00pm 7:00-9:00pm	6:30-1:45pm		6:30-1:45pm 8:00-9:00pm	6:30-1:45pm	11:30-2:30pm
Open Swim 18+ (Leisure pool only)	8:00-9:00pm						
Open Swim 18+ (½ big & leisure pool)	10:30-11:30am	8:00-9:00pm	10:30-11:30am		10:30-11:30am	1:00-2:30pm	1:00-2:30pm
Open Swim 55+ (½ big & leisure pool)	7:45-9:00am		7:45-9:00am		7:45-9:00am		
Open Swim Adapted (½ big & leisure pool)		1:00-2:00pm					4:30-5:30pm (Both pools & Slide)
Open Swim- Family (½ big & leisure pool)		7:00-8:00pm (FREE)					
Open Swim Parent & Tot (Leisure pool)	9:00-10:30am		9:00-10:30am		9:00-10:30am	11:30-1:00pm	
Open Swim (Leisure pool only)	7:00-8:00pm						11:30-1:00pm
Open Swim (½ big & leisure pool)	6:30-7:45am 11:30-1:00pm	11:30-1:00pm	6:30-7:45am 11:30-1:00pm		6:30-7:45am 11:30-1:00pm		
Open Swim (Both pools & waterslide)					7:15-8:45pm	2:45-4:15pm	2:45-4:15pm
Waterfit	1:05-1:50pm 7:10-7:55pm	10:45-11:30am	1:05-1:50pm		1:05-1:50pm	8:05-8:50am	

**NOTES: Centre will be Closed December 25, 2025 (Christmas), December 26, 2025 (Boxing Day) and January 1, 2026 (New Years Day). Centre will be closed at 4pm on December 24, 2025 and December 31, 2025**

For information on swim admission criteria and supervision requirements: <https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>