



Name: Dundas Community Pool
Address: 39 Market Street South
Phone: 905-546-3747

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – WINTER 2026 – January 5, 2026 – April 5, 2026							
PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lengths	11:15-12:45pm 8:00-9:00pm (3 Lanes)	7:00-8:45am 11:00-12:45pm (3 Lanes) 8:00-9:00pm (3 Lanes)	11:15am-12:45pm 8:00-9:00pm	7:00-8:45am 11:00-12:45pm (3 Lanes) 8:00-9:00pm (3 Lanes)	11:15-12:45pm 7:00-8:00pm	3:00-4:00pm	
Open Swim 18+	8:00-9:00pm (3 Lanes)	11:00am-12:45pm (3 Lanes) 8:00-9:00pm (3 Lanes)		11:00-12:45pm (3 Lanes) 8:00-9:00pm (3 Lanes)		12:30-1:30pm	
Water Fit	7:15-8:00pm	10:15-11:00am	1:00-1:45pm	10:15-11:00am	1:00-1:45pm		
Open Swim 55+	9:00–10:00am 10:00–11:00 am (2 Lanes)	9:00-10:00am	9:00-11:00am	9:00-10:00am	9:00-11:00am		
Open Swim – Parent and Tot	10:00–11:00am (4 Lanes)						
Open Swim		6:45-7:45pm FREE				1:30-2:45pm	12:45-2:00pm
Family Swim					5:30-6:45pm FREE		

NOTES: Centre will be Closed on February 16, 2026 (Family Day)
Centre will be closed on April 3, 2026 (Good Friday) and April 6, 2026 (Easter Monday)

For information on swim admission criteria and supervision requirements:
<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>