



Main Hess Seniors Activity Club
Address: 200 Jackson St W, Hamilton
(Located in a City Housing Apartment Building)
Phone: 905-546-3747

For real time program info:
hamilton.ca/recreation55



OLDER ADULT (55+) SCHEDULE – WINTER 2026 – January 5, 2026 – April 5, 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm	Social Time FREE (Main Room) 1:30-3:30pm	Stretch Your Mind (Jeopardy & Brain Games) FREE (Main Room) 1:30-3:30pm	Railroad Euchre \$1.00 (Main Room) 5:30-8:30pm	Bingo \$0.25 a card (Main Room) 6:00-9:00 pm	Closed
KWANIS Bingo \$4.00 per card (Main Room) 6:00-9:00pm	Mandarin (Chinese) Social FREE (181 Jackson St- Kitchen) 3:00-6:00pm		Movie Night (Every second Thursday- see onsite schedule) FREE (Four Corners Room) 6:00-8:30pm			

NOTES: Main Hess Seniors' Activity Club is within a City Housing Hamilton Apartment Building (buzz 100 to be let in)
There will be no Kiwanis Bingo on Monday February 16 and April 6, 2026

*Funded in partnership with the Ministry
for Seniors and Accessibility*

