



Name: Central Memorial Pool
Address: 93 West Ave, S Hamilton ON L8N1S1
Phone: 905-546-4939

For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – WINTER 2026 – January 5, 2026 – April 5, 2026

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lengths Swims marked with a * 2 lanes only	11:15am-12:45pm	11:15am-12:45pm 5:00-6:45pm 6:45-8:30pm *	6:30am-8:30am 11:15am-12:45pm	11:15am-12:45pm 5:30-7:15pm 7:15-9:00pm *	11:15am-12:45pm	11:45am-1:15pm	11:30-12:30pm
Open Swim 55+		10:00-11:00am		10:00-11:00am			
Open Swim	10:00-11:00am	7:00-8:30pm	10:00-11:00am	7:30-9:00pm	10:00-11:00am	1:30-2:45pm	1:15-2:30pm

NOTES: Centre will be Closed on February 16, 2026 (Family Day)

Centre will be open for regular programming From March 14-22, 2026 (March Break)

Centre will be closed on April 3, 2026 (Good Friday) and April 6, 2026 (Easter Monday)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>