



Sir Wilfrid Laurier
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For real time program info:
hamilton.ca/swimming



SWIMMING SCHEDULE – WINTER 2026 – January 5, 2026 – April 5, 2026

| PROGRAM | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|-------------------------|-----------------|--------------------------------|-----------------|-----------------|-----------------|-------------------------------|-----------------|
| Water Fit | | | | 9:30 – 10:15 am | | | |
| Open Swim 18+ (3 lanes) | 9:30 – 10:30 am | | 9:30 – 10:30 am | | 9:30 – 10:30 am | | |
| Length Swim (3 lanes) | 9:30 – 1:00 pm | 10:30 – 1:00 pm | 9:30 – 1:00 pm | 10:30 – 1:00 pm | 9:30 – 1:00 pm | 10:30 – 1:00 pm | 10:30 – 1:00 pm |
| Open Swim (3 lanes) | 10:30 – 1:00 pm | 10:30 – 1:00 pm | 10:30 – 1:00 pm | 10:30 – 1:00 pm | 10:30 – 1:00 pm | 10:30 – 1:00 pm | 10:30 – 1:00 pm |
| Open Swim (Whole Pool) | | 9:30 – 10:15 am FREE | | | | 1:15 – 2:45 pm FREE | |
| Length Swim (4 lanes) | 8:15 – 9:30 pm | 8:15 – 9:30 pm | 8:15 – 9:30 pm | 8:15 – 9:30 pm | 8:15 – 9:30 pm | | |
| Open Swim 18+ (2 lanes) | 8:15 – 9:30 pm | 8:15 – 9:30 pm | 8:15 – 9:30 pm | 8:15 – 9:30 pm | 8:15 – 9:30 pm | | |

NOTES:

Centre will be on a modified schedule on February 16, 2026 (Family Day)

Centre will be on a modified schedule From March 14-22, 2026 (March Break)

Centre will be closed on April 3, 2026 (Good Friday) and April 6, 2026 (Easter Monday)

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>