



Warden Seniors Club- Located at Mahoney Park
1655 Barton St E, Hamilton ON L8H 3C3
905-546-4256

For real time program info:
hamilton.ca/recreation55



OLDER ADULT (55+) SCHEDULE – WINTER 2026 – January 5, 2026 – April 5, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
*Craft & Social Hand & Foot Card Game 9:00-11:30am \$0.50	Chair Exercise Program FULL 10:00-10:45am \$0.50	Euchre 1:00-4:00pm \$3.00	Chair Exercise Program 10:00-10:45am \$0.50	Bid Euchre 1:00-4:00pm \$3.25		Bid Euchre 1:00-4:00pm \$3.25
Bid Euchre 1:00-4:00pm \$3.25	Chair Yoga FULL 10:45-11:30am \$0.50		VON Smart Exercise Program 10:45-11:30am \$0.50			
	Social 11:45am-1:30pm		Social 11:45am-1:30pm			

NOTES: To participate in any senior program, you must be a paid member of the Warden Seniors Club. Membership fee is \$6.00 per year.

* For Craft and Social – bring any craft that you are working on and have a space to complete (i.e. knitting, crocheting, cross stitch, ornament making, diamond art and adult colouring).

For more information, contact City of Hamilton, Recreation general information line at **905-546-3747**