



Warden Seniors Club- Located at Mahoney Park  
1655 Barton St E, Hamilton ON L8H 3C3  
905-546-4256

For real time program info:  
[hamilton.ca/recreation55](http://hamilton.ca/recreation55)



### OLDER ADULT (55+) SCHEDULE – WINTER 2026 – January 5, 2026 – April 5, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>*Craft &amp; Social Hand &amp; Foot Card Game</b> 9:00-11:30am \$0.50	<b>Chair Exercise Program</b> <b>FULL</b> 10:00-10:45am \$0.50	<b>Euchre</b> 1:00-4:00pm \$3.00	<b>Chair Exercise Program</b> 10:00-10:45am \$0.50	<b>Bid Euchre</b> 1:00-4:00pm \$3.25		<b>Bid Euchre</b> 1:00-4:00pm \$3.25
<b>Bid Euchre</b> 1:00-4:00pm \$3.25	<b>Chair Yoga</b> <b>FULL</b> 10:45-11:30am \$0.50		<b>VON Smart Exercise Program</b> 10:45-11:30am \$0.50			
	<b>Social</b> 11:45am-1:30pm		<b>Social</b> 11:45am-1:30pm			

**NOTES:** To participate in any senior program, you must be a paid member of the Warden Seniors Club. Membership fee is \$6.00 per year.

\* For Craft and Social – bring any craft that you are working on and have a space to complete (i.e. knitting, crocheting, cross stitch, ornament making, diamond art and adult colouring).

For more information, contact City of Hamilton, Recreation general information line at **905-546-3747**