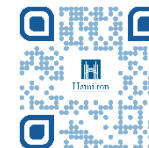




Hamilton

Winona Seniors Club
1239 Highway 8, Stoney Creek ON
905-643-4563

For real time program info:
hamilton.ca/recreation55



OLDER ADULT (55+) SCHEDULE – WINTER 2025 – January 5, 2026 – April 5, 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Snooker 8:00am-12:00pm \$2.00	Restorative Yoga 8:45- 9:45am \$2.50	Snooker 8:00am-12:00pm \$2.00	Advanced Watercolour Painting FULL 9:30am-12:00pm \$7.00	Snooker 8:00am-12:00pm \$2.00	Snooker 8:00am-12:00pm \$2.00	Bid Euchre Tournament 12:30-4:00pm **First Sunday of the month
Intermediate Line Dancing 9:30-11:30am \$2.50	Snooker 8:00am-11:00am \$2.00	Beginner Line Dancing 9:30-11:30am \$2.50	Snooker 8:00am-11:00am \$2.00	Chair Yoga FULL 9:30-10:30am \$2.50	Swedish Weaving FULL 9:00-11:30am \$7.50	Darts 1:00-4:00pm \$2.50 **Excluding first Sunday of the month
Tap 11:30am-12:00pm Baton 12:00-12:30pm \$2.50	Dance Gold 10:15-11:15am \$4.00	4 Handed Bid Euchre 1:00-4:00pm \$2.50	Snooker 11:30am-2:30pm \$2.00	Shuffleboard 12:30-3:00pm \$2.50	Crafts 9:30am-12:00pm \$3.50	
Shuffleboard 12:30 –3:00pm \$2.50	Snooker 11:30am-2:30pm \$2.00	Contract Bridge 7:00 –9:30pm \$2.00	Cardio Strength Yoga 2:00-3:00pm \$2.50	Acrylic/Water Based Oils 3:00-5:30pm \$5.00	Themed Social **Last Saturday of the Month	
Watercolour/Oil Painting 3:00-5:30pm \$5.00	6 Handed Bid Euchre 12:30-4:00pm \$2.50	Mixed Pool 7:00-9:00pm \$1.00	Tap 5:15-5:45pm Baton 5:45-6:15pm \$2.50	4 Handed Bid Euchre 7:00-9:00pm \$2.50		
4 Handed Bid Euchre 7:00-9:00pm \$2.50	Cribbage 6:45-9:30pm \$2.50					
Mixed Pool 7:00-9:00pm \$1.00						

NOTES: To participate in any senior program, you must be a paid member of the Winona Seniors Club.

Membership fee is \$6.00 per year. .50 from each drop-in fee goes to Winona Seniors Club.

For more information contact City of Hamilton, Recreation general information line at 905-546-3747.

Funded in partnership with the Ministry for Seniors and Accessibility

