



**Centre Name:** Bennetto Community Centre  
**Address:** 450 Hughson St. N.  
**Phone:** 905-546-3747

**For real time program info:**  
[hamilton.ca/gym](http://hamilton.ca/gym)



<b>GYM SCHEDULE – MARCH BREAK 2026 – MARCH 14, 2026 – March 22, 2026</b>						
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
<b>Cardio, Balance &amp; Strength</b> (55+) 10:30am – 11:30am <b>*\$3.18 per visit</b>	<b>Open Gym</b> (Under 17 w/parent) 5:00pm – 7:30pm	<b>Basketball</b> (18+) 8:15pm-9:45pm	<b>Open Gym</b> (Under 17 w/parent) <b>FREE</b> 5:00pm – 6:00pm	<b>Cardio, Balance &amp; Strength</b> (55+) 10:30am – 11:30am <b>*\$3.18 per visit</b>	<b>Open Gym</b> (Under 17 w/parent) <b>FREE</b> 12:30pm – 1:30pm	
<b>Open Gym</b> (9-12 yrs) 5:00pm – 7:00pm	<b>Soccer 18+</b> 7:30pm – 9:00pm		<b>Pickleball</b> (18+) 6:45pm – 8:45pm	<b>Open Gym</b> (13-17 yrs) 5:15pm – 6:45pm	<b>Pickleball</b> (18+) 1:45pm – 3:45pm	
<b>Volleyball</b> (16+) 7:00pm – 8:45pm				<b>Volleyball</b> (18+) 7:00pm – 8:30pm		

**NOTES:** Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.