



Name: Central Memorial Pool
Address: 93 West Ave, S Hamilton ON L8N1S1
Phone: 905-546-4939

For real time program info:
 hamilton.ca/swimming



SWIMMING SCHEDULE - MARCH BREAK 2026 – March 14 to March 22, 2026

PROGRAM	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lengths	11:15am-12:45pm	11:15am-12:45pm 5:00-6:45pm 6:45-8:30pm	6:30am-8:30am 11:15am-12:45pm	11:15am-12:45pm 5:30-7:15pm 7:15-9:00pm	11:15am-12:45pm	11:45am-1:15pm	11:30-12:30pm
Open Swim 55+		10:00-11:00am		10:00-11:00am			
Open Swim	10:00-11:00am	1:00-3:00pm 7:00-8:30pm	10:00-11:00am	1:00-3:00pm 7:30-9:00pm	10:00-11:00am	1:30-2:45pm	1:15-2:30pm

NOTES:

For information on swim admission criteria and supervision requirements:

<https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>