



Centre Name: Hill Park Recreation Centre
Address: 305 South Bend Rd. E., Hamilton
Phone: 905 456-3737

For real time program info:
hamilton.ca/gym



GYM SCHEDULE – MARCH BREAK 2026 – MARCH 14, 2026 – March 22, 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Open Gym (Teen) 8:00pm- 9:00pm		Badminton (17 & under with Adult) 6:00pm-7:00pm	Badminton (18+) 7:45pm-8:45pm	Open Gym (17 & under with Adult) 6:00pm-7:15pm	Open Gym (All Ages) 9:30am-11:30am	
		Badminton (18+) 7:15pm-9:00pm		Open Gym (13-17) 7:30pm-9:00pm	Open Gym (17 & under with Adult) 11:45am-1:30pm	

NOTES: Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.