



GYM SCHEDULE – MARCH BREAK 2026 – MARCH 14, 2026 – MARCH 22, 2026						
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Cardio Balance and Strength (55+) 9:30am-10:30am *Admission \$3.18*		Cardio Balance and Strength (55+) 9:30am-10:30am *Admission \$3.18*			
	Chair Fit (55+) 10:45am-11:45am *Admission \$3.18*		Chair Fit (55+) 10:45am-11:45am *Admission \$3.18*			
Badminton (17 and Under with Adult) 6:15pm – 7:30pm	Open Gym (17 and Under with Adult) 6:15pm – 7:30pm FREE	Badminton (17 and Under with Adult) 6:15pm – 7:30pm	Open Gym (9-12) 6:15pm – 7:30pm	Open Gym (9-12) 6:15pm – 7:30pm		
Badminton (16+) 7:30pm – 9:00pm	Basketball (18+) 7:30pm – 9:00pm	Badminton (16+) 7:30pm – 9:00pm	Open Gym (13-17) 7:45pm – 9:00pm	Basketball (13-17) 7:30pm – 9:00pm		

NOTES:

Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.