



Ancaster Rotary Centre

385 Jerseyville Road West | 905-546-3747

Gym Schedule Spring 2026

April 7 – June 28, 2026

For the most current schedule information:

www.hamilton.ca/gym

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Basketball (55+) 9:30 am – 11:30 am	Pickleball Introductory (18+) 9:00 am – 12:00 pm	Open Gym Parent & Tot (0-5) 9:45 am – 10:45am	Open Gym Parent & Tot (0-5) 9:45 am – 11:45 am	Basketball (18+) 9:30 am – 11:30am	Open Gym Parent & Tot (0-5) 9:00 am – 10:15am	Game & Activity Time (17 and Under with Adult) 9:00 am - 12:30 pm
2	Youth Room (12-17) 11:00 am – 12:00 pm	Youth Room (12-17) 11:00 am – 12:00 pm	Ancaster High Open Gym (12-17) 11:00 am – 12:00 pm *Valid Student ID*	Youth Room (12-17) 11:00 am – 12:00 pm	Ancaster High Open Gym (12-17) 11:00 am – 12:00 pm *Valid Student ID*	Game & Activity Time (6-12) 9:00 am - 12:30 pm	Open Gym (13-17) 11:15am- 12:15pm
3	Badminton (18+) 12:00 pm – 3:00 pm (1/2 gym 3:00pm-4:00pm)	Pickleball (18+) 12:30 pm – 3:30 pm	Ancaster High Youth Room (12-17) 11:00 am – 12:00 pm *Valid Student ID*	Pickleball (18+) 12:00 pm – 3:30 pm	Ancaster High Youth Room (12-17) 11:00 am – 12:00 pm *Valid Student ID*	Game & Activity Time (17 and Under with Adult) 12:30 pm – 3:30 pm	Open Gym (17 and Under with Adult) 12:30 pm – 1:30 pm

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
4	Open Gym (13-17) 3:45 pm – 4:45 pm	Game & Activity Time (6-8) 5:00 pm – 6:00 pm	Badminton (18+) 12:30 pm – 3:30 pm	Open Gym (13-17) 3:30 pm – 4:30 pm	Badminton (18+) 12:30 pm – 3:30 pm	Pickleball (16+) 1:00pm-4:00pm	Game & Activity Time (6-12) 12:30 pm - 3:30 pm
5	Game & Activity Time (6-8) 5:00 pm – 6:00 pm	Game & Activity Time (9-12) 6:00 pm – 7:00 pm	Open Gym (17 and Under with Adult) 4:00 pm – 5:30 pm	Game & Activity Time (6-8) 5:00pm – 6:00pm	Open Gym (13-17) 4:00 pm – 5:30 pm		Badminton (18+) 2:00 pm – 4:00 pm
6	Game & Activity Time (9-12) 6:00 pm – 7:00 pm		Game & Activity Time (17 and Under with Adult) 5:00 pm – 7:00 pm	Game & Activity Time (9-12) 6:00pm – 7:00pm	Open Gym (17 and Under with Adult) 4:00 pm – 5:30 pm		Badminton (17 and Under with Adult) 2:00 pm – 4:00 pm
7	Pickleball (18+) 7:30 pm – 9:30 pm		Youth Room (12-17) 7:00pm-9:00pm		Game & Activity Time (9-12) 5:00 pm – 8:00 pm		
8			Basketball (18+) 7:45pm-9:45pm		Volleyball (16+) 6:00pm-8:00pm		

Notes:

- Centre will be Closed Monday May 18, 2026 for Victoria Day.
- Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.