



# Bernie Morelli Recreation Centre

876 Cannon St. E | 905-546-3747

## Gym Schedule Spring 2026

April 7 – June 28, 2026

For the most current schedule information:

[www.hamilton.ca/gym](http://www.hamilton.ca/gym)

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	<b>Track</b> 8:45 am – 8:15 pm	<b>Track</b> 8:45 am 9:00 pm	<b>Track</b> 8:45 am 9:00 pm	<b>Track</b> 8:45 am 8:15 pm	<b>Track</b> 8:45 am 8:30 pm	<b>Track</b> 9:00 am – 4:00 pm	<b>Track</b> 9:00 am – 3:00 pm
2	<b>Open Gym</b> (Parent & Tot) 9:00 am – 10:30 am	<b>Pickleball</b> <b>(55+)</b> 9:00 am – 12:00 pm	<b>Open Gym</b> (Parent & Tot) 9:00 am – 10:30 am	<b>Open Gym</b> (17 and Under with Adult) 9:00 am – 11:00 am	<b>Volleyball</b> <b>(18+)</b> 9:00 am – 11:00 am	<b>Table Tennis</b> (17 and Under with Adult) 9:30 am - 11:30 am	<b>Basketball</b> (18+) 9:15 am – 11:15 am
3	<b>Pickleball</b> <b>(55+)</b> 11:00 am – 1:00 pm	<b>Chess (55+)</b> <b>*FREE</b> 2:00 pm – 5:00 pm	<b>Yoga</b> <b>Adapted</b> 11:00 am – 12:00 pm \$3.18 Admission	<b>Open Gym</b> <b>(13-17yr)</b> 11:30 am- 12:30 pm *Free	<b>Open Gym</b> <b>(13-17yr)</b> 11:30 am- 12:30 pm 3:15 pm- 5:15 pm *Free	<b>Open</b> <b>Gym</b> (Parent & Tot) 9:45 am – 10:45 am	<b>Open Gym</b> (17 and Under with Adult) 11:30 am – 12:30 pm
4	<b>Basketball</b> <b>(18+)</b>	<b>Open Gym</b> <b>(13-17yr)</b>	<b>Adapted</b> <b>Gym</b>	<b>Games &amp;</b> <b>Activity</b> <b>Time</b>	<b>Pickleball</b> <b>(55+)</b> 1:00 pm-	<b>Badminton</b> (17 and	<b>Badminton</b> (16+)

Name of Recreation Centre

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1:15 pm – 2:45 pm	3:15pm- 4:15pm *Free	12:00 pm – 1:00 pm	11:30 am- 12:30 pm 3:15 pm- 8:15pm *Free	3:00 pm	Under with Adult) 11:00 am - 12:30 pm	2:00 pm – 4:00 pm
<b>5</b>	<b>Open Gym (13-17yr)</b> 3:15pm- 4:15pm *Free	<b>Games &amp; Activity Time</b> 3:15 pm – 8:15pm *Free	<b>Open Gym (13-17yr)</b> 3:15pm- 4:15pm *Free	<b>Pickleball (18+)</b> 6:45 pm- 8:45 pm	<b>Games &amp; Activities Time</b> 11:30 am- 12:30 pm 3:15 pm – 8:15 pm	<b>Open Gym (17 and Under with Adult)</b> 2:00 pm - 3:00pm	--
<b>6</b>	<b>Games &amp; Activity Time</b> 3:15 pm – 8:15 pm *Free	<b>Volleyball (13-17yr)</b> 7:15 pm - 9:00 pm	<b>Volleyball (13-17yr)</b> 4:45 pm - 6:30 pm	--	<b>Open Gym (9-12yr)</b> 5:30 pm- 6:30 pm	--	--
<b>7</b>	--	--	<b>Games &amp; Activity Time</b> 3:15 pm – 8:15 pm *Free	--	<b>Open Gym (18+)</b> 6:45 pm- --	--	--
<b>8</b>	--	--	<b>Basketball (55+)</b> 6:45 pm – 8:45 pm	--	--	--	--

Name of Recreation Centre

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9	--	--	--	--	--	--	--

**Notes:**

- Centre will be Closed Monday May 18, 2026 for Victoria Day.
- Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.