

# Central Memorial Recreation Centre

93 West Avenue South | 905-546-3747



## Swim Schedule Spring 2026

April 7 – June 28, 2026

For the most current schedule information:  
[www.hamilton.ca/swimming](http://www.hamilton.ca/swimming)

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	<b>Open Swim</b> 10:00 am – 11:00 am	<b>Open Swim 55+</b> 10:00 am – 11:00 am	<b>Length Swim</b> 6:30 am – 8:30 am	<b>Open Swim 55+</b> 10:00 am – 11:00 am	<b>Open Swim</b> 10:00 am – 11:00 am	<b>Length Swim</b> 11:45 am – 1:15 pm	<b>Length Swim</b> 11:30 am – 1:00 pm
2	<b>Length Swim</b> 11:15 am – 12:45 pm	<b>Length Swim</b> 11:15 am – 12:45 pm	<b>Open Swim</b> 10:00 am – 11:00 am	<b>Length Swim</b> 11:15 am – 12:45 pm	<b>Length Swim</b> 11:15 am – 12:45 pm	<b>Open Swim</b> 1:30 pm – 2:45 pm	<b>Open Swim</b> 1:15 pm – 2:30 pm
3	--	<b>Length Swim</b> 5:00 pm – 6:45 pm	<b>Length Swim</b> 11:15 am – 12:45 pm	<b>Length Swim</b> 5:30 pm – 7:15 pm	--	--	--
4	--	<b>Length Swim (2 Lanes)</b> 6:45 pm – 8:30 pm	--	<b>Length Swim (2 Lanes)</b> 7:15 pm – 9:00 pm	--	--	--
5	--	<b>Open Swim</b> 7:00 pm – 8:30 pm	--	<b>Open Swim</b> 7:30 pm – 9:00 pm	--	--	--

**Notes:**

- Centre will be Closed Monday May 18, 2026 for Victoria Day.

For information on swim admission criteria and supervision requirements: <https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>.