

# Norman Pinky Lewis

192 Wentworth St N | 905-546-3747



## Swim Schedule - Winter 2026

For the most current schedule information:  
[www.hamilton.ca/swimming](http://www.hamilton.ca/swimming)

March 23 – April 5, 2026

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	<b>Open Swim 18+</b> 1:15 pm – 2:45 pm	<b>Water Fit</b> 11:00 am – 11:45 am	<b>Open Swim 18+</b> 11:00 am – 12:15 pm	<b>Water Fit</b> 11:00 am – 11:45 am	<b>Open Swim (FREE)</b> 6:30 pm – 8:00 pm	<b>Open Swim (WOMEN/GIRLS ONLY)</b> 11:15 am – 12:15 pm	<b>Open Swim</b> 11:30 am – 12:30 pm
2	<b>Length Swim (3 lanes)</b> 1:15 pm – 2:45 pm	<b>Open Swim 18+</b> 12:00 pm – 2:45 pm	<b>Length Swim (3 lanes)</b> 11:00 am – 12:15 pm	<b>Open Swim 18+</b> 12:00 pm – 2:45 pm	--	<b>Length Swim</b> 12:45 pm - 2:15 pm	--
3	<b>Open Swim 18+</b> 8:45 pm – 10:00 pm	<b>Length Swim (3 lanes)</b> 12:00 pm – 2:45 pm	<b>Water Fit</b> 12:30 pm – 1:15 pm	<b>Length Swim (3 lanes)</b> 12:00 pm – 2:45 pm	--	<b>Open Swim</b> 4:00 pm – 5:30 pm	--
4	<b>Length Swim (3 lanes)</b>	<b>Open Swim (FREE)</b> 7:00 pm – 8:00 pm	--	--	--	--	--



Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	8:45 pm – 10:00 pm						
<b>5</b>	--	--	--	--	--	--	--

**Notes:**

- Centre will be Closed Friday April 3rd, 2026 for Good Friday

For information on swim admission criteria and supervision requirements: <https://www.hamilton.ca/things-to/recreation/customer-service/swimming-policies-guidelines>.