



Huntington Park Recreation Centre

87 Brentwood Drive | 905-546-3747

Gym Schedule Spring 2026

For the most current schedule information:

www.hamilton.ca/gym

April 7 – June 28, 2026

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Open Gym – Adapted Baseball 10:00 am – 11:30 am	Pickleball (18+) 9:00 am – 1:00 pm	Pickleball (18+) 9:00am – 1:00pm	Badminton (18+) 9:00 am – 12:00 pm	Open Gym (All Ages) 3:30 pm – 5:30 pm	Open Gym (17 & Under with Adult) 12:00 pm – 1:30 pm	Open Gym (17 & Under with Adult) 11:00 am – 12:15 pm
2	Open Gym (17 & Under with Adult) 4:30 pm – 6:30 pm	Volleyball (55+) 1:30 pm – 3:30 pm	Volleyball (55+) 1:30 pm – 3:30 pm		Open Gym (13-17) 6:00 pm – 8:00 pm	Badminton (18+) 1:45 pm – 3:15 pm	Basketball (18+) 12:30 pm – 2:30 pm
3		Badminton (18+) 7:00 pm – 9:00 pm	Pickleball (18+) 8:00 pm – 9:15 pm			Basketball (13-17) 3:30 pm – 4:30 pm	

Notes:

- Centre will be Closed Monday May 18, 2026 for Victoria Day.
- Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.
- Adapted Baseball* is an indoor program designed to empower individuals living with additional needs or a disability and their families through an inclusive and supportive introduction to the sport of baseball. The program focuses on building connections, promoting independence, and creating enjoyment in physical activity