

Huntington Recreation Centre

87 Brentwood Drive | 905-546-3747

Swim Schedule Spring 2026

April 7 – June 28, 2026



For the most current schedule information:
www.hamilton.ca/swimming

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Open Swim (Adapted) 9:45-10:45am	Length Swim (Shared) 7:00-10:00am	Open Swim (Adapted) 9:30-10:30am	Length Swim (Shared) 7:00-10:00am	Open Swim (Adapted) 9:30-10:30am	Open Swim 18+ (Shared) 12:15-1:45pm	Waterfit 11:45-12:30am
2	Waterfit 11:00-11:45am	Open Swim 7:00-9:00am	Open Swim 55+ 10:30-11:45am	Open Swim 7:00-9:00am	Open Swim P&T 10:45-11:45am	Length Swim (Shared) 12:15-1:45pm	Length Swim (Shared) 12:45-1:45pm
3	Open Swim (Shared) 11:45-1:30pm	Open Swim P&T 9:00-10:00am	Open Swim (Shared) 11:45-1:30pm	Open Swim P&T 9:00-10:00am	Open Swim (Shared) 11:45-1:30pm	Open Swim (Slide open) 2:00-4:00pm	Open Swim 18+ (Shared) 12:45-1:45pm
4	Length Swim (Shared) 12:00-1:30pm	Waterfit 10:45-11:30am	Length Swim (Shared) 12:00-1:30pm	Waterfit 11:00-11:45am	Length Swim (Shared) 12:00-1:30pm	--	Open Swim (Slide open) 2:00-3:00pm

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5	Open Swim 55+ 1:30-2:30pm	Open Swim (Shared) 11:30-1:30pm	Waterfit 7:45- 8:30pm	Open Swim (Shared) 11:45-1:30pm	Open Swim 55+ 1:30-2:30pm	--	Open Swim (Adapted) 3:00-4:00pm
6	Waterfit 7:00-7:45pm	Length Swim (Shared Pool) 12:00- 1:30pm	Length Swim (Shared) 8:30-9:30pm	Length Swim (Shared) 12:00- 1:30pm	Open Swim Family (Free) (Slide open) 5:00-6:30pm	--	--
7	Length Swim (Shared) 8:00-9:30pm	Open Swim (Slide open) 7:15-8:15pm	Open Swim 18+ (Shared) 8:30-9:30pm	Open Swim (Slide open) 7:00-8:00pm	Length Swim (Shared) 6:45-8:00pm	--	--
8	Open Swim 18+ (Shared) 8:00-9:30pm	Waterfit 8:15- 9:00pm	--	Length Swim (Shared) 8:15-9:15pm	Open Swim 18+ (Shared) 6:45-8:00pm	--	--
9	--	--	--	Open Swim 18+ (Shared) 8:15-9:15pm	--	--	--

Notes:

- Centre will be Closed Monday May 18, 2026 for Victoria Day.

For information on swim admission criteria and supervision requirements: <https://www.hamilton.ca/things-to-do/recreation/customer-service/swimming-policies-guidelines>.