



Bernie Morelli Recreation Center

876 cannon St.E | 905-546-3747

Gym Schedule Spring 2026

For the most current schedule information:

www.hamilton.ca/gym

April 7 – June 29, 2026

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Track (all ages) 8:45 am – 8:15 pm	Track (all ages) 8:45 am – 9:00 pm	Track (all ages) 8:45 am – 9:00 pm	Track (all ages) 8:45 am – 8:15 pm	Track (all ages) 8:45 am – 8:15 pm	Track (all ages) 9:00 am – 4:00 pm	Track (all ages) 9:00 am – 3:00 pm
2	Open Gym (Parent & Tot) 9:00 am – 10:30 am	Games & Activity Time (55+) 12:00pm- 1:30pm	Games & Activity Time (55+) 8:45am- 10:15am	Games & Activity Time (55+) 9:00am- 10:30am	Games & Activity Time (55+) 1:00pm- 3:00pm	Table Tennis (18+) 9:00 am – 11:00 am	Basketball (18+) 9:15 am – 11:15 am
3	Games & Activity Time (55+) 8:45am- 12:30pm	Pickleball (55+) 9:00 am – 12:00 pm	Open Gym (Parent & Tot) 9:00 am – 10:30 am	Open Gym (17 and Under with Adult) 9:00 am – 11:00 am	Volleyball (18+) 9:00 am – 11:00 am	Open Gym (Parent and Tot) 9:45 am – 10:45 am	Open Gym (17 and Under with Adult) 11:30 am – 12:30 pm
4	Pickleball (55+) 11:00am- 1:00pm	Chess (55+) 2:00 pm – 5:00 pm	Adapted Yoga 11:00 am – 12:00 pm	Crafting Social (55+) Free 11:00 am – 1:00 pm	Open Gym (13-17yr) 11:30am 12:30pm &	Badminton (17 and Under with Adult)	Badminton (16+) 2:00 pm – 4:00 pm

Name of Recreation Centre

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			*3.18 Admission		3:15 pm – 5:15 pm	11:00am- 12:30pm	
5	Basketball (18+) 1:15pm- 2:45pm	Open Gym (13-17yr) 3:15pm- 4:15pm *Free	Adapted Gym 12:00 pm – 1:00 pm	Open Gym (13-17yr) 11:30 am – 12:30 pm *Free	Pickleball (55+) 1:00 pm – 3:00 pm	Games & Activity Time (17 and Under with Adult) 11:00am- 2:00pm	
6	Open Gym (13-17yr) 3:35pm- 4:15pm *Free	Games & Activity Time (13-17yr) 3:15pm- 8:15pm *Free	Open Gym (13-17yr) 3:15 pm – 4:15 pm Free*	Games & Activity Time (13- 17yr) 11:30 am – 12:30 pm 3:15 pm – 8:15 pm *Free	Games & Activity Time (13- 17yr) 11:30 am – 12:30pm 3:15pm – 8:15 pm *Free	Open Gym (17 and Under with Adult) 2:00pm- 3:00pm	
7	Games & Activity Time (13-17yr) 3:35pm- 8:15pm *Free	Volleyball (13-17yr) 7:15pm- 9:00pm	Games & Activity Time (13-17yr) 3:15 pm – 8:15 pm *Free	Pickleball (18+) 6:45pm- 8:45pm	Open Gym (17 and Under with Adult) 5:30pm- 6:30pm		
8			Volleyball (13-17yr) 4:45pm- 6:30pm		Open Gym (18+) 6:45pm- 8:15pm		
9			Basketball (55+)				

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			6:45pm- 8:45pm				

Notes:

- Centre will be Closed Monday May 18, 2026 for Victoria Day.
- Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.