



Bernie Morelli Recreation Centre

876 Cannon ST. E | 905-546-3747

Gym Schedule Summer 2026

June 29 – September 7, 2026

For the most current schedule information:

www.hamilton.ca/gym

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Track (all ages) 9:00am- 8:00pm	Track (all ages) 9:00am- 8:00pm	Track (all ages) 9:00am- 8:00pm	Track (all ages) 9:00am- 8:00pm	Track (all ages) 9:00am- 8:00pm	Track (all ages) 9:00am- 1:30pm	Track (all ages) 10:30am- 3:00pm
2	Games & Activity Time (55+) Free 8:45 am- 10:15am	Games & Activity Time (55+) *Free 12:00pm- 1:30pm	Games & Activity Time (55+) *Free 8:45am- 10:45am	Games & Activity Time (55+) *Free 9:00am- 10:30am	Games & Activity Time (55+) *Free 8:45am- 10:15am & 1:30pm- 3:00pm	Open Gym (17 and under with Adult) 9:00am- 11:15am	Basketball (18+) 10:30am- 12:00pm
3	Open Gym(13- 17yr) 5:15 pm-6:15 pm	Pickleball (55+) 12:30pm- 2:30pm	Open Gym (17 & Under with adult) 9:30am- 10:30am	Adapted Gym (All ages) 10:00am- 11:30am	Open Gym (13-17yr) 5:30pm- 8:00pm	Badminton (17 and Under with Adult) 11:45am- 1:45pm	Open Gym (17 and Under with Adult) 12:15pm- 1:15pm
4	Badminton (16+)	Volleyball (16+)	Volleyball (16+)	Open Gym	Games & Activities		Badminton (16+)

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	6:30pm- 8:00pm	6:00pm- 8:00pm	11:00am- 1:00pm	(17 and Under with adult) 5:15pm- 6:15pm	(13-17yr) 5:30pm- 7:30pm		1:30pm- 3:00pm
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Notes:

- Centre will be Closed July 1, 2026 for Canada Day
- Centre will be Closed August 3, 2026 for Civic Holiday
- Centre will be closed September 7, 2026 for Labour Day.
- Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.