



Central Memorial Recreation Centre

93 West Ave South | 905-546-3747

Indoor Schedule Summer 2026

June 29 – September 7, 2026

For the most current schedule information:
www.hamilton.ca/swimming

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Open Swim 10:00 am – 11:30 am	Open Swim 55+ 10:00 am – 11:00 am	Length Swim 6:30 am – 8:30 am	Open Swim 55+ 10:00 am – 11:00 am	Open Swim 10:00 am – 11:30 am	Open Swim 12:00 pm – 1:30 pm	Open Swim 10:00 am – 11:30 am
2	Length Swim 11:45 am – 1:15 pm	Length Swim 11:15 am – 12:45 pm	Open Swim 10:00 am – 11:30 am	Length Swim 11:15 am – 12:45 pm	Length Swim 11:45 am – 1:15 pm	Length Swim 1:45 pm – 3:15 pm	Length Swim 11:45 am – 1:15 pm
3	Open Swim 1:30 pm – 3:00 pm	Open Swim 1:00 pm – 2:30 pm	Length Swim 11:45 am – 1:15 pm	Open Swim 1:00 pm – 2:30 pm	Open Swim 1:30 pm – 3:00 pm	--	--
4	Length Swim 5:00 pm – 6:30 pm	Length Swim 5:00 pm – 6:30 pm	--	Length Swim 5:00 pm – 6:30 pm	--	--	--
5	Open Swim 6:45 pm – 8:15 pm	Open Swim 6:45 pm – 8:15 pm	--	Open Swim 6:45 pm – 8:15 pm	--	--	--

Notes:

Central Memorial

- Centre will be Closed July 1, 2026 for Canada Day
- Centre will be Closed August 3, 2026 for Civic Holiday
- Centre will be closed September 7, 2026 for Labour Day.

For information on swim admission criteria and supervision requirements: <https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>.