



Dundas Community Pool

39 Market Street South | 905-546-3747

Indoor Schedule Summer 2026

June 26 – September 7, 2026

For the most current schedule information:
www.hamilton.ca/swimming

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Open Swim 55+ 10:30 am – 11:30 am	Lengths 7:00 am – 8:45 am	Open Swim 55+ 10:30 am – 11:30 am	Lengths 7:00 am – 8:45 am	Open Swim 55+ 10:30 am – 11:30 am	Lengths 10:15 am – 11:45 am	--
2	Lengths 11:45 am – 1:15 pm	Waterfit 10:45 am – 11:30 am	Lengths 11:45 am – 1:15 pm	Waterfit 10:45 am – 11:30 am	Lengths 11:45 am – 1:15 pm	Open Swim 18+ 12:00 pm – 1:00 pm	--
3	Open Swim 1:30 pm – 3:00 pm	Open Swim 18+ 11:30 am – 12:45 pm	Waterfit 1:30 pm – 2:15 pm	Open Swim 18+ 11:30 am – 12:45 pm	Waterfit 1:30 pm – 2:15 pm	Open Swim 1:00 pm – 2:00 pm	--
4	Waterfit 6:15 pm – 7:00 pm	Lengths (3 lanes) 11:30 am – 12:45 pm	Open Swim 6:00 pm – 7:00 pm	Lengths 11:30 pm – 12:45 pm	Family Swim 6:00 pm – 7:00 pm	--	--
5	Open Swim 18+ (3 lanes) 7:15 pm – 8:30 pm	Open Swim 1:00 pm – 2:30 pm	Lengths 7:15 pm – 8:30 pm	Open Swim 1:00 pm – 2:30 pm	Lengths 7:15 pm – 8:30 pm	--	--
6	Lengths	Open Swim	--	Waterfit	--	--	--

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	7:15 pm – 8:30 pm	6:00 pm – 7:00 pm		6:15 pm – 7:00 pm			
7	--	Open Swim 18+ (3 lanes) 7:15 pm – 8:30 pm	--	Open Swim 18+ (3 lanes) 7:15 pm – 8:30 pm	--	--	--
8	--	Lengths (3 lanes) 7:15 pm – 8:30 pm	--	Lengths (3 lanes) 7:15 pm – 8:30 pm	--	--	--

Notes:

- Centre will be Closed July 1, 2026 for Canada Day
- Centre will be Closed August 3, 2026 for Civic Holiday
- Centre will be closed September 7, 2026 for Labour Day.

For information on swim admission criteria and supervision requirements: <https://www.hamilton.ca/things-do/recreation/customer-service/swimming-policies-guidelines>.