

Huntington Park Recreation Centre

87 Brentwood Drive | 905-546-3747



Gym Schedule Summer 2026

June 29 – September 7, 2026

For the most current schedule information:

www.hamilton.ca/gym

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Pickleball (18+) 6:00 pm – 8:00 pm	Badminton (18+) 6:00 pm – 8:00 pm	Open Gym – Adapted Baseball 10:00 am – 11:30 am	Volleyball (18+) 6:30 pm – 8:30 pm	Open Gym (9-12) 6:00 pm – 7:30 pm	Basketball (13-17) 10:30 am – 12:00 pm	Open Gym (17 and Under with Adult) 10:30 am – 12:30 pm
2			Basketball (13-17) 6:00 pm – 8:00 pm			Badminton (18+) 12:30 pm – 2:30 pm	Basketball (18+) 12:45 pm – 2:45 pm

Notes:

- Centre will be Closed Wednesday July 1, 2026 for Canada Day.
- Centre will be Closed Wednesday August 3, 2026 for Civic Day.
- Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.
- *Notes: Adapted Baseball* is an indoor program designed to empower individuals living with additional needs or a disability and their families through an inclusive and supportive introduction to the sport of baseball. The program focuses on building connections, promoting independence, and creating enjoyment in physical activity*

