



Valley Park Community Centre

970 Paramount Drive | 905-546-3747

Gym Schedule Summer 2026

June 29 – September 7, 2026

For the most current schedule information:

www.hamilton.ca/gym

Day/ Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	Badminton (18+) 6:00 pm – 8:00 pm	Basketball (13-17) 6:00 pm – 8:00 pm	Open Gym (Adapted) 11:45 am – 1:15 pm	Pickleball (18+) 6:00 pm – 8:00 pm	Basketball (13-17) 6:00 pm – 8:00 pm	Basketball (18+) 12:00 pm – 2:00 pm	Pickleball (18+) 12:00 pm – 2:00 pm
2						Open Gym (17 & under with adult) 2:15 pm – 4:15 pm	Open Gym (9-12) 2:15 pm – 4:15 pm

Notes:

- Centre will be Closed July 1, 2026 for Canada Day
- Centre will be Closed August 3, 2026 for Civic Holiday
- Open Gym Adapted will be cancelled on August 5th, 2026
- Basketball (13-17) will be cancelled on August 25th.
- Centre will be closed September 7, 2026 for Labour Day.

- Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision.