**BIKE 5**

**THE BROW**

*East Mountain / Ancaster*

| Connection Points: | **East Mountain** (Mountain Brow Blvd/ Limeridge Rd/Arbour Rd)  
**Ancaster** (Wilson St/Fiddler’s Green Rd/ Lovers Lane) |
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<td>Distance:</td>
<td>22 km (2 hrs leisurely)</td>
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| Route Design:     | **MODERATE**  
On-street shared with motor traffic; Mostly paved – unpaved on Chedoke Radial Rail Trail; stairs with trough crossing Hwy 403; NB: no paved option west of Scenic Dr  
**Take care** of traffic along Concession St |
| City Transit Access: | East Mountain: HSR #21, HSR #22 nearby  
Ancaster: HSR #16, HSR #5C/5A nearby |
| Inter-city Transit Access: | None |
| Parking Access:   | See Map |

**ATTRACTIONS ALONG THE WAY:**

Albion Falls, views from the brow, Concession St shops, Sanatorium Falls, Iroquoia Heights, Ancaster shops

For greater detail of mapping see “Bike Routes, Trails & Parks” map.