**BIKE 1**

**THE COUNTRY**

**East Mountain / Ancaster**

### Connection Points:

- **East Mountain** (Mountain Brow Blvd/ Limeridge Rd/Arbour Rd)
- **Ancaster** (Wilson St/Fiddler’s Green Rd/ Lovers Lane)

### Distance:

40 km (4 hrs leisurely)

### Route Design:

**EASY**

Paved on-road and a short paved trail section by Albion Falls over the LINC

**Take care** crossing Rymal Rd, crossing Hwy 6/Upper James, Wilson St at roundabout, and along Jerseyville Rd

### City Transit Access:

- East Mountain: HSR #21, HSR #22 nearby
- Ancaster: HSR #16, HSR #5C/5A nearby

### Inter-city Transit Access:

None

### Parking Access:

See Map

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**ATTRACTIONS ALONG THE WAY:**

Albion Falls, Red Hill Valley, Eramosa Karst, Lake Niapenco, farm gate sales (www.environmenthamilton.org/eatlocal), Ancaster shops

For greater detail of mapping see “Bike Routes, Trails & Parks” map.