**BIKE 9**

**ESCAPMENT RAIL TRAIL**  
*Downtown / East Mountain*

| Connection Points: | Downtown (Corktown Park at Ferguson Ave / Young St)  
**East Mountain (Mountain Brow Blvd/ Limeridge Rd/Arbour Rd)* |
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<td>Distance:</td>
<td>9 km (1 hr leisurely)</td>
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| Route Design:     | EASY  
Paved trail, gradual slope  
**Take care** crossing Wentworth St |
| City Transit Access: | Downtown: many HSR routes;  
**East Mountain: HSR #21, HSR #22 nearby**  
Inter-city Transit Access: | Downtown: Hamilton GO Centre  
**GO Transit, Coach Canada, Greyhound** |
| Parking Access:   | See Map                                                      |
| Point of Interest | The rail line that followed this route, the Hamilton & Lake Erie Railway, was built (circa 1875) to move cargo between Lake Ontario and Lake Erie, bypassing Niagara Falls, in competition with the Welland Canal. |

**ATTRACTIONS ALONG THE WAY:**  
*Downtown shops, Bruce Trail, escarpment views,  
Buttermilk Falls, Albion Falls*