Impacts of Alcohol Use in Hamilton

Alcohol Use Above Recommended Levels is Common in Hamilton

- **43%** of Hamiltonians reported drinking above the low-risk alcohol drinking guideline (LRADG) (2013-2014)
- **8.5%** of Hamiltonians reported drinking every day (2013-2014)

Alcohol is Widely Available in Hamilton

- 666 onsite licensed alcohol establishments (Apr 2016)

Alcohol has a Significant Impact on Our Community

- Just under 600 individuals accessed services at Alcohol, Drug and Gambling Services related to concerns over alcohol alone
- Another ~300 individuals were seen with both alcohol and drug concerns

Populations at High-Risk for Alcohol-Related Harms are Using Alcohol

- **2.9%** of mothers in Hamilton reported consuming alcohol during their last pregnancy

In 2015, among youth in grades 9-12 from Hamilton, Niagara, Haldimand and Brant:

- **55%** reported drinking in the past year
- **1 in 4** reported consuming 5+ drinks on one or more occasion in the past year
- **73%** said it was very easy or fairly easy to get alcohol
- **18%** rode with a driver who had consumed alcohol, in the past year

Alcohol has a significant impact on our community:

- Just over 4% of drivers in Hamilton reported driving within an hour of consuming 2 or more alcoholic drinks
- **900** hospitalizations per year in Hamilton attributable to alcohol (2011-2013)
- **1519** calls for paramedic services due to intoxication (Sept 2015-Aug 2016). This represents 3% of total calls

For sources and more information, please see the Hamilton Community Alcohol Report: [www.hamilton.ca/public-health/health-bpics/alcohol](http://www.hamilton.ca/public-health/health-bpics/alcohol)