

Parent/Caregiver Notes:

DROP IN with your child (0 to 6 years old) and have a chat with:

Registered Early Childhood Educators

Early Childhood Resource Consultants

Public Health Nurses

Speech and Language Pathologists

Children's Mental Health Resource Workers

Child Care Subsidy Eligibility Workers

Come and chat about:

Eating

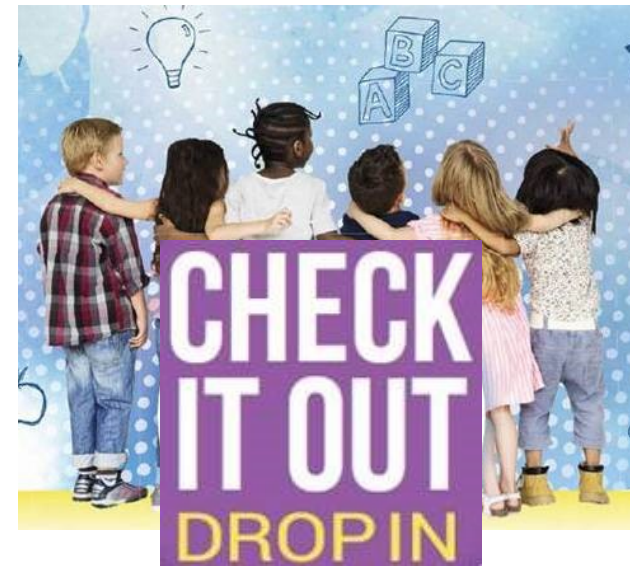
Speech and Language

Typical Child Development

Behaviour Strategies

How to cope with stress and other challenges

For more information on other Check It Out Drop In dates times, and locations, please visit www.hamilton.ca/checkitout or contact Health Connections at 905-546-3550 or the Hamilton Early Years Information Line at 905-524-4884.



**Do you need
advice about
how your child
is doing?**

It's a FREE service!



The Check It Out program is a free service for families living in Hamilton.

Check It Out Schedule January—June 2020

January

Saturday, January 25th
9:30 am - 11:30 am
St David EarlyON Child and Family Centre
33 Cromwell Crescent, Hamilton
905-573-7905

February

Thursday, February 6th
10:00 am - 12:00 pm
Huntington Park EarlyON Child and Family Centre
87 Brentwood Drive, Hamilton
905-547-9344 ext 824

Thursday February 20th
9:30 am - 11:30 am
Queen Street EarlyON Child and Family Centre
155 Queen Street North, Hamilton
905-521-0926

March

Tuesday, March 3rd
9:30 am - 11:30 am
Kiwanis EarlyON Child and Family Centre
45 Ellis Avenue, Hamilton
905-549-2814 ext 230

Tuesday, March 31st
9:30 am - 11:30 am
Ancaster EarlyON Child and Family Centre
20 Gilbert Avenue, Ancaster
*parking off of Fiddler's Green
905-574-9344 ext 820

April

Wednesday, April 8th
2:00 pm - 4:00 pm
Jeanne Scott Parent and Child Resource Centre
1475 Barton Street East, Hamilton
905-549-4276

Thursday, April 23rd
2:00 pm - 4:00 pm
Beasley EarlyON Child and Family Centre
145 Wilson Street, Hamilton
905-546-2424 ext 5251

May

Thursday, May 7th
9:30 am - 11:30 am
Winona EarlyON Child and Family Centre
255 Winona Road, Winona
905-546-2424 ext 1244

Thursday, May 14th
3:00 pm - 5:00 pm
Biindigen EarlyON Child and Family Centre
785 Britannia Avenue, Hamilton
905-549-4884 ext 401

Thursday, May 21st
9:30 am - 11:30 am
Helen Detwiler EarlyON Child and Family Centre
320 Brigade Drive, Hamilton
905-574-9344 ext 818

June

Tuesday, June 2nd
9:30 am - 11:30 am
Dundas EarlyON Child and Family Centre
10 Market Street, Dundas
905 574-9344 ext 804

Wednesday, June 10th
10:00 am - 12:00 pm
Centre pour l'enfant et famille ON y va -
Notre-Dame
400 Cumberland Avenue, Hamilton
905-549-3383

Tuesday, June 23rd
9:30 am - 11:30 am
Kiwanis EarlyON Child and Family Centre
45 Ellis Avenue, Hamilton
905-549-2814 ext 230