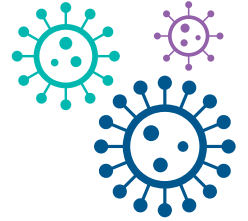


# COVID-19 Self-Screening Assessment Tool

All staff reporting to a physical work location (not working from home) will complete this assessment tool. It is recommended that you complete this tool one hour before attending work.

**At any point that an employee is tested and advised that they are positive for COVID 19 they must advise the Occupational Health Nurse at ext. 4726 or [kari.lindsay@hamilton.ca](mailto:kari.lindsay@hamilton.ca)**



## Risk Assessment: Screening Questions

	YES	NO
<p>1. <b>Any of the following symptoms</b></p> <ul style="list-style-type: none"><li>• Fever over 37.8 C (100.04 F) (if thermometer available)</li><li>• New or worsening cough</li><li>• Shortness of breath</li><li>• New smell or taste disorder(s)</li></ul> <p><b>OR Two (2) or more of the following symptoms</b></p> <ul style="list-style-type: none"><li>• Sore throat</li><li>• Runny nose, sneezing or nasal congestion (in absence of underlying reasons for symptoms such as seasonal allergies and post nasal drip)</li><li>• Hoarse voice</li><li>• Difficulty swallowing</li><li>• Nausea/vomiting, diarrhea, abdominal pain</li><li>• Unexplained fatigue/malaise/muscle pain</li><li>• Delirium (acutely altered mental status and inattention)</li><li>• Unexplained or increased number of falls</li><li>• Exacerbation of chronic conditions</li><li>• Conjunctivitis (pink eye)</li><li>• Chills</li><li>• Headache</li></ul>		



Hamilton



# COVID-19 Self-Screening Assessment Tool

## Risk Assessment: Screening Questions

2.	<b>Do you have only one of these symptoms?</b> <ul style="list-style-type: none"><li>• Sore throat, difficulty swallowing</li><li>• Hoarse voice</li><li>• Runny nose, sneezing or nasal congestion (in absence of underlying reasons for symptoms such as seasonal allergies and post nasal drip)</li><li>• Nausea/vomiting, diarrhea, abdominal pain</li><li>• Unexplained fatigue/malaise/muscle pain</li><li>• Conjunctivitis (pink eye)</li><li>• Chills</li></ul>	YES	NO
3.	<b>Have you returned to Canada from outside the country (including USA) in the past 14 days?</b>	YES	NO

### In the past 14 days, at work or elsewhere, while not wearing appropriate personal protective equipment:

4.	<b>Did you have close contact* with someone who tested positive for COVID- 19?</b>	YES	NO
5.	<b>Did you have close contact* with a person who is sick and returned from travel outside of Canada in the past 14 days?</b>	YES	NO
6.	<b>Did you have a laboratory exposure to biological material (i.e. primary clinical specimens, virus culture isolates) known to contain COVID-19?</b>	YES	NO

\*A close contact is defined as being less than 2 metres away in the same room, workspace, or area for over 15 minutes or living in the same home



# Screening Results and Necessary Actions

No to Questions  
1-6

- Attend work
- Practice physical distancing
- Monitor your health
- If you begin to feel unwell while at work, you should immediately don a mask or cover your mouth and nose with a tissue, notify your manager and the Occupational Health Nurse ([kari.lindsay@hamilton.ca](mailto:kari.lindsay@hamilton.ca) or (905) 546-2424 ext. 4726)

Yes to 1 with or  
without any/all  
of 2-6

- Do not attend work onsite, advise your manager that you are ill
- If you are unsure about your symptoms and need for further assessment, contact the Occupational Health Nurse
- Call Hamilton Public Health (905-974-9848) and advise them that you are an essential employee of the City of Hamilton with symptoms. Hamilton Public Health will provide referrals to Hamilton assessment centres for essential City staff that live in or outside of Hamilton, if required
- Advise the Occupational Health Nurse ([kari.lindsay@hamilton.ca](mailto:kari.lindsay@hamilton.ca) or (905) 546-2424 ext. 4726) with outcome from public health call
- After calling, you must:
  - Stay at home unless told to leave by a doctor or nurse
  - Monitor your health
  - Follow any directions provided by your local public health

Yes to 2 only

- Do not attend work, report your absence following regular absence reporting procedures as sick
- Stay home until you are feeling better, return to work following your regular return to work process
- Contact Hamilton Public Health (905-974-9848) and the Occupational Health Nurse ([kari.lindsay@hamilton.ca](mailto:kari.lindsay@hamilton.ca) or (905) 546-2424 ext. 4726) if:
  - Your symptom worsens
  - You develop more symptoms or
  - The symptom does not resolve within 3 days

Yes to any/all  
of 3 - 6

- Do not attend work onsite
- Contact the Occupational Health Nurse ([kari.lindsay@hamilton.ca](mailto:kari.lindsay@hamilton.ca) or (905) 546-2424 ext. 4726) to determine your return to work date
- Notify your manager of your return to work date
- Stay at home for the isolation period unless told to leave by a doctor or nurse
- Monitor your health
- Call your local public health and the Occupational Health Nurse if symptoms develop