

Free Meals*COVID SUPPORTS as of May 11/20***St. Patrick's Church- 440 King St E**

Daily except Friday - Breakfast 10-11am

- Lunch 11am-1pm

Friday

- Breakfast 10-11am

- BBQ Lunch 1-2:30pm

Wesley Day Centre-195 Ferguson St N

Mon-Fri 8:30-4pm; Sat 9 am-1:30pm

Sun 3-4pm

Good Shepherd Men's Centre-135 Mary St

Mon-Fri 3:30-4:45; Sat 11:30-12:30

SA Soup VanSA parking lot (94 York Blvd)

Mon-Fri 11:45-12:30

Bayfront@ Strachan and McNab

Daily 8:00-8:45pm

Barton and Birch - Daily 9:00-9:45pm**Living Rock (youth 13-25)- 30 Wilson St**

Mon-Fri 9-10am & 4-5pm; Sat 1-4pm

Notre Dame (under 21)- 14 Cannon St W

Daily 11:30am-12:15pm & 4:00-4:45pm

541 Eatery -541 Barton St E

Mon- Sat 11-12 (until run out)

The Hope Project -St. Pats 440 King St E

Thurs 7:15pm

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Drop In Services

Wesley Day Centre- 195 Ferguson St N

Mon-Fri 8:30-4pm; Sat 8:30am-1pm

Sun 1-6pm (with meals + laundry)

Willows Place- 196 Wentworth St N

Mon-Sun 9am-8:30pm (with snacks+ laundry)

Showers 9am-6pm

St.Patrick's Church- 440 King St E

Mon-Sun 1pm-5pm (with snacks)

New Vision United Church- 24 Main St W

Mon-Sun 5pm-9pm (with snacks)

Christ Church Cathedral -252 James St N

Mon-Fri 10-12

Carol Anne's Overnight Drop In (YWCA) – 75

McNab (until may 25)

10pm-8am

Showers for CAP Tues/Thurs 830-1030am

Harm Reduction Supplies

The VAN 905-317-9966

Mon-Sun 7pm-11pm

Mon, Tues, Wed, Fri 11am-3pm

Thurs 11:30am-3pm

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