

GENERAL SPORT

PHASE 3 RE-OPENING GUIDELINES

Updated: July 30, 2020

In addition to any specific requirements made by a National or Provincial Sport governing body, the City of Hamilton provides the following guidelines to be used when accessing municipal parks for organized sport activities.

1. Physical / social distancing

- a. Physical distancing must be maintained, except if playing a team sport or as needed for personal training.
- b. Prolonged or deliberate contact while playing sports is not permitted;
- c. Participants (including athletes, staff, volunteers, coaches) must be 2 metres apart when not actively involved in playing a sport, including while waiting to play and when celebrating (e.g., no high fives or hand shakes);
- d. Spectators at all sporting events, will be subject to gathering limits and physical distancing measures, with assigned seating where possible;
 - i. 50 spectators, if the spectators will be indoors, or
 - ii. 100 spectators, if the spectators will be outdoors.
- e. Where possible, one gate or area should be used to enter and another to exit the playing area (or wait in cars until previous group has left the area);
- f. Adhere to provincial gathering limits at all times:
 - i. The total number of members of the public permitted to be at the facility at any one time must be limited to the number that can maintain a physical distance of at least two metres from other persons in the facility, and in any event cannot exceed,
 - iii. 50 persons, if any of the classes, organized programs or organized activities taking place at the time are indoors, or
 - iv. 100 persons, if all of the classes, organized programs or organized activities taking place at the time are outdoors.
 - ii. Stage 3 of A Framework for Reopening our Province <https://www.ontario.ca/page/framework-reopening-our-province-stage-3> indicates that for organized team sports, leagues must contain no more than 50 participants total. If participants in a league exceed 50, the league may divide into smaller groups of no more than 50. Players are not yet permitted to play against players outside of their league or group.

2. Access

- a. Participants (including athletes, staff, volunteers, coaches, and spectators must not visit the facility if they are exhibiting any symptoms as indicated in the following:
<https://www.hamilton.ca/sites/default/files/media/browser/2020-06-04/passive-screening-sign.pdf>

- b. If an individual has symptoms of COVID-19, they should be told to self-isolate at home, encouraged to complete Ontario's self-assessment tool <https://covid-19.ontario.ca/self-assessment/> and to call their primary care provider or Telehealth Ontario (1-866-797-0000) or Public Health Services (905-974-9848)
- c. Public Health will provide advice regarding any other measures that the club or setting may need to take to reduce the risk of transmission.

3. Cleanliness and Hygiene

- a. Have a plan for sanitizing all high touch surface areas (e.g., gates, benches) upon arrival at the park;
- b. Make readily available hand sanitizer to encourage hand hygiene; and
- c. Forbid sharing of personal items (e.g., chairs, towels, etc.), except amongst household members or members of the same social circle.

4. Communication

- a. All members must be contacted re: guidelines and if any new guidelines are introduced.

5. Record Keeping

- a. A record of ALL visitors (including athletes, staff, volunteers, coaches, and spectators) must be kept (preferably using an online tool) to assist Public Health in the investigation of a positive case of COVID-19.

Additional resources:

<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet-covid-19-environmental-cleaning.pdf?la=en>

<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-guide-physical-distancing.pdf?la=en>

<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-hand-hygiene.pdf?la=en>

<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/factsheet-covid-19-how-to-wear-mask.pdf?la=en>

<https://www.publichealthontario.ca/-/media/documents/ncov/factsheet/2020/05/factsheet-covid-19-non-medical-masks.pdf?la=en>

<https://www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/guidance-documents/risk-informed-decision-making-workplaces-businesses-covid-19-pandemic.html>

<https://www.hamilton.ca/coronavirus/workplace-and-public-places-settings>