

# MASKS & GLOVES IN YOUR WORKPLACE



Masks may be worn for an extended period of time but should be changed/discarded if visibly soiled, damp, damaged or difficult to breathe through.



Physical distancing of at least 2m from others remains your best defence against COVID-19.



If a mask is to be re-used, store in a clean paper bag or a container with a lid while eating.



Do not store masks in your pocket or other area (e.g. table) where they can become damaged or contaminated.



Wash hands/use hand sanitizer before putting on and after removing masks.



Do not touch your face when wearing gloves.



Do not use gloves that are damaged or visibly soiled.



Gloves are not a substitute for handwashing/using hand sanitizer.



Masks alone do not provide complete protection. Talk to your supervisor to understand what other PPE you may need.

**Your mask protects others  
when used as part of universal masking.**