

# Nda aankesdoo nbwaakaawin gdoo dshkapjiganing

Adding to your bundle. Anishnabe translation provided by Bomgiizhik.



# Onohnohnshera satakwarinahnon

Medicine you fill your bundle. Mohawk Translation provided by Thohahoken.

## How do I decide if the vaccine is right for me and my family?

- Get informed and make your decisions based on reliable sources and what makes sense for your family.
- Public Health recommends that everyone who can, gets the vaccine once it is available but recognize that the choice is not always as easy as following this advice.



**Fun fact:** Some Indigenous peoples created the game of lawn darts, using shucked new green corn with its kernels removed. Feathers were attached to the darts, which were tossed at targets on the ground.

You can find out more information about the vaccine:

- Online: [www.hamilton.ca/COVIDvaccines](http://www.hamilton.ca/COVIDvaccines)
- COVID-19 Vaccine Hotline (905) 974-9848, option 7

For those outside of Hamilton, please contact your local Public Health for more information.

[hamilton.ca/coronavirus](http://hamilton.ca/coronavirus)

