



HOW TO REDUCE THE SPREAD OF COVID-19 IN APARTMENTS

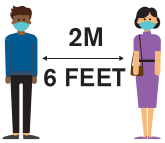
- Everyone has a role in helping to reduce the spread of COVID-19.
- It is important that everyone continues to follow public health measures, even people who have been vaccinated.
- COVID-19 vaccines are one of the most effective prevention tools to protect yourself and your loved ones from COVID-19. Book a COVID-19 vaccine appointment by visiting hamilton.ca/vaccinebooking or call **1-888-999-6488**.

TENANTS

What can you do if you live in an apartment building?



- Stay home if you have any symptoms of COVID-19.
- Get tested for COVID-19 if you have any symptoms or if you had close contact with someone who has COVID-19.



- Only gather/socialize with people who you live with (in your unit). If you live alone, you can join one other household. Do not visit other apartments or units in your building unless you are there for essential reasons.



- Do not gather in common areas such as the lobby and hallways.
- Maintain a physical distance of at least 6 feet or 2 metres from people who do not live in your unit.



- Only take the elevator with people who live in your unit unless you can keep a physical distance of 2 metres from others. Wait for the next elevator to avoid close contact with others.
- Take the stairs when you can.
- Use common areas, such as the laundry room, when they are not busy so you can keep a distance of 2 metres from others.
- Connect with friends and neighbours on the phone or on social media.



- Wear a mask or face covering indoors in all common areas of the building, such as elevators, lobbies, laundry rooms, etc. Wear a mask outdoors when you are not able to maintain physical distancing.
- Avoid touching your eyes, mouth and nose. Wash your hands frequently.
- Avoid touching elevator buttons, buzzer or keypads, door handles, mailboxes and other high touch surfaces when you can.
- If you do touch something, don't touch your mouth, nose or eyes until you wash your hands with soap and water or use hand sanitizer.



- Always wash your hands with soap and water when you return to your unit, even if you have only been somewhere inside your building.
- Cough or sneeze into a tissue or your elbow. Throw out tissues into a lined garbage can.
- Clean and disinfect high-touch surfaces both outside (such as door handle of your unit, door frame) and inside (such as counters, taps, toilets) your unit using a disinfectant spray or diluted bleach and water.



- Stay informed. Read updates from the Landlord and Property Manager and contact building staff if you have questions.