



Hamilton

**Warden Seniors Club (Located at Mahony Park)
1655 Barton Street, East, ON L8H 3C3**

SCHEDULE

Program Schedule - September 7, 2021 – December 19, 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Closed	Cardio Exercise Program 11:00 – 11:45am Virtual Program is FULL	Closed	Chair Yoga Program 10:00 – 10:45am Virtual Program is FULL	Beginner iPad 101 10:00am - 11:00am Program is FULL	Closed	Closed
			Cardio Exercise Program 11:00-11:45am Virtual Program is FULL			

NOTES: Centre will be closed on Monday October 11, 2021 (Thanksgiving)

Due to COVID-19 Board Members are not available to answer the phone. **Pre-Registration is required for all programs.** For more information contact City of Hamilton, Recreation general information line at **905-546-3747** or recreation@hamilton.ca